The Day Before Surgery

On the day before your child's surgery, it is very important to call the Same Day Surgery Department at CDH to obtain arrival time and instructions. If your child is scheduled on Monday, please call the Friday before. If you are unsure of where you are scheduled, please call 630.933.2647. TTY for the hearing impaired 630.933.4833.

Please use the following numbers and call between 2:00 p.m. and 4:30 p.m.:

 West Same Day Surgery
 630.933.2647

 East Same Day Surgery
 630.933.6708

Dietary Needs

Read these directions carefully. They are very important. When you call the Same Day Surgery staff, they will reinforce or modify these instructions. Your child may have dinner the night before surgery. Clear liquids, such as apple juice, ginger ale and water, may be given up to four hours prior to the scheduled arrival time. Infants may breast-feed or take formula five hours prior and have Pedialite® three hours prior to the scheduled admission time.

When talking to the nurse, please use the following checklist to help you remember the information

Checklist

you will be given.

| Surgical time: | |
|---|--|
| Arrival time: | |
| Entrance: | |
| Stop at the Information Desk at: Surgery Ce | enter Entrance |
| Follow the signs to: West Same Day Surgery | y 🗖 East Same Day Surgery |
| Medications: | |
| Solid food until: | |
| Clear liquids: | |
| Breast-feed/formula until: | |
| Begin fasting at: | |
| Items to Bring | |
| ☐ Insurance card | ☐ Cups or pacifiers |
| ☐ Picture I.D. | ☐ An extra change of clothes and underwear |
| ☐ A favorite toy, stuffed animal or blanket | ☐ Robe, slippers and toothbrush if staying overnight |
| ☐ Special nipples or bottles, milk or formula | ☐ Other |